

American Alpine Institute^{Ltd.}

- Program Itinerary -

Winter Mountaineering – Sierra, CA

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As a reminder, this itinerary can and will change from trip to trip. Climbing days and rest days are often dictated by weather and conditions. This day-to-day plan is rough and should be used for general reference only.

Meeting Location: The Looney Bean Coffee House, 399 N Main St #A, Bishop, CA 93514. 760-872-2326.

Meeting Time: Our standard rendezvous time for this program is 8am. Your guide may schedule a meeting time that is earlier or later based on local factors. If this happens, we will be in contact with you in the days prior to the trip.

Day 1

Meet at the Looney Bean Coffee house at 8am for a pre-trip orientation and gear check. Pack, drive to trailhead and begin our approach to Mount Whitney.

Depending on the snowpack, we might be able to drive to the trailhead at the Whitney Portal, or we might have to hike a few miles on the road before we reach the Portal.

Our goal is to get to one of the Boy Scout Lakes (Lower or Upper) on day 1. If we are unable to do this due to time, we will camp along the North Fork of Lone Pine trail. Establish a winter camp.

Day 2

- Knots and harnesses
- Rope management
- Snow skills, self arrest and crampon techniques
- Rope team travel

Move camp if needed based on guide and group preference.

Day 3

Summit day. Typically the summit day, in winter, takes from 12-14 hours from camp to camp. We will return to our camp and spend the night on

this day.

Day 4

- Rock and mixed techniques for winter climbing
- Protective systems
- Final skill review.

Pack up camp and descend back to the trailhead and eventually town.